

Weekly Infant Worksheet Updated 10/2017

Requirements	Breakfast	Time	AM Snack	Time	Lunch	Time	PM Snack	Time	Dinner	Time	EVE Snack	Time
	0-5 months: ► BM or IFIF 6-11 months: ► BM or IFIF ► IFIC, meat OR meat alternate ► Fruit/Vegetable*		0-5 months: ► BM or IFIF 6-11 months: ► IFIC, bread, cracker OR dry breakfast cereal* ► Fruit/Vegetable*		0-5 months: ► BM or IFIF 6-11 months: ► BM or IFIF ► IFIC, meat OR meat alternate ► Fruit/Vegetable*		0-5 months: ► BM or IFIF 6-11 months: ► IFIC, bread, cracker OR dry breakfast cereal* ► Fruit/Vegetable*		0-5 months: ► BM or IFIF 6-11 months: ► BM or IFIF ► IFIC, meat OR meat alternate ► Fruit/Vegetable*		0-5 months: ► BM or IFIF 6-11 months: ► IFIC, bread, cracker OR dry breakfast cereal* ► Fruit/Vegetable*	
Monday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Tuesday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Wednesday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Thursday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Friday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Saturday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____
Sunday	0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____		0-5 months: _____	
D	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months	6-11 months
A	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____	1. _____
T	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____	2. _____
E	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____	3. _____

- Meals and attendance must be entered into KidKare at least once a week.
- Having computer problems? Call Day Care Resources at (309) 925-2274.

Required when developmentally ready

