## PARENT Form for Non-Dairy Milk - (Age 1 Year and Older)

This form is for milk substitutes that MEET USDA requirements. If the child needs milk/foods that do NOT meet requirements, (like LOW NUTRIENT MILK SUBSTITUTES, such as almond, oat, coconut, milks that do NOT meet the below requirements, juice, or water), the child's medical provider must provide a medical statement documenting a disability/impairment, such as a Medical Statement for Meal Pattern Accommodations.

Provider's Name (or Day Care	Center/Facility Name):	Day Care Resources, Juc. USDA Child and Adult Care Food Prog
Day Care Address:		PO Box 1103 Tremont, IL 61568 (309)-925-2274 <b>2/202</b>
Child's Name:		(303)-323-227-4
Child's Date of Birth:		Send completed form to
Date:		info@dcrhome.org
Department of Agriculture (USDA). (see chart below). Please have the chooses to offer a creditable non-da expense of the facility unless the padonation log to count it in their milk	Facilities have the option to serve a Non-E parent/guardian complete the section belo airy milk, it must be available to all children arent/guardian chooses to bring it. Day car audit. Your day care facility must send this	Program (CACFP), a nutrition program funded by the U-Dairy Milk that has the <u>same 9 nutrients as dairy mill</u> low to request a creditable milk substitute. When a facien whose parents request it. These substitutions are at are centers must record parent provided milk on a food is form to info@dcrhome.org for approval.  e and does not require any forms.
THE FOLLOW	ING IS TO BE COMPLETED	BY THE PARENT/GUARDIAN.
<ol> <li>Reason for requesting No</li> <li>Mark the creditable Non-</li> </ol>	(ex. veg	egan, religious, cultural, ethical reasons, etc.,  : (NOTE: Milk must be UNFLAVORED for children ages
2. Mark the creditable Non-  Silk Soy Milk: Original Plain Nutrition Facts	-Dairy Milk your child will receive:  -Dairy Milk your child will receive:	☐ Other creditable non-dairy milk:  Name/type:
2. Mark the creditable Non-  Silk Soy Milk: Original Plain	-Dairy Milk your child will receive:  -Dairy Milk your child will receive:  -Dairy Milk your child will receive:	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes
2. Mark the creditable Non-  Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size 1 cup 240mL) Amount per serving	-Dairy Milk your child will receive:  -Dairy Milk your child will receive:	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least:
2. Mark the creditable Non-  Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size 1 cup (240mL) Annount per serving Calories 110 % Daily Value	-Dairy Milk your child will receive:  -Dairy Milk your child will receive:	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount
Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size 1 cup (240mL)  Monount per serving Calories 110  Total Fat 4.5g 6% Saturated Fat 0.5g 3%  Trans Fat 0g Polyunsaturated Fat 2.5g Monounsaturated Fat 1 g Cholesterol Ong 0%	Dairy Milk your child will receive:  Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size 1 cup (240mL) Amount per serving Calories 100  So Daily Value* Total Fat 3g 4%	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g Vitamin D 2.5 mcg
2. Mark the creditable Non-  Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size 1 cup (240mL) Amount per serving Calories 110  Total Fat 4.5g 6% Saturated Fat 0.5g 3%  Trans Fat 0g Polyunsaturated Fat 2.5g Monounsaturated Fat 1 g Cholesterol Omg 0% Sodium 90mg 4% Total Carbohydrate 9g 3%	Dairy Milk your child will receive:  Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size 1 cup (240mL)  Amount per serving Calories 100  Saturated Fat 0.5g 3% Trans Fat 0g Polyunsaturated Fat 1.5g Monounsaturated Fat 0.5g Cholesterol 0mg 0% Sodium 85mg 4% Total Carbohydrate 10g 4%	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g
Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size   cup   240mL   Innount per serving Calories 110  Total Fat 4.5g 6% Saturated Fat 0.5g 3% Trans Fat 0g Polyunsaturated Fat 1g Choiesterol Omg 0% Sodium 90mg 4% Total Carbohydrate 9g 3% Dietary Fiber 2g 7% Total Sugars 6g	-Dairy Milk your child will receive:  Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size 1 cup/(240mL)  Amount per serving Calories 1000  Saturated Fat 0.5g Trans Fat 0g Polyunsaturated Fat 0.5g Monounsaturated Fat 0.5g Cholesterol Omg Sodium 85mg Total Carbohydrate 10g Dietary Fiber 3g Total Sugars 7g  Total Sugars 7g	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g Vitamin D 2.5 mcg (equal to 100 IU) Calcium 276 mg
2. Mark the creditable Non-  Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size 1 cup 240mL) Amount per serving Calories 110  Total Fat 4.5g 6% Saturated Fat 0.5g 3% Trans Fat 0g Polyunsaturated Fat 1g Cholesterol Omg 0% Sodium 90mg 4% Total Carbohydrate 9g 3% Dietary Fiber 2g 7% Total Sugars 6g Includes 5g Added Sugars 10% Protein 8g 15% 6 Calcium 470mg 35%  Vitamin 0 3mg 15% 6 Calcium 470mg 35%	Dairy Milk your child will receive:  Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size Lup (240mL)  Amount per serving Calories 100  Saturated Fat 0.5g Trans Fat 0g Polyunsaturated Fat 1.5g Monounsaturated Fat 0.5g Cholesterol 0mg Sodium 85mg Monounsaturated Fat 0.5g Cholesterol 0mg Sodium 85mg Total Carbohydrate 10g Unanu of Children  We Total Carbohydrate 10g Dietary Fiber 3g 11%	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g Vitamin D 2.5 mcg (equal to 100 IU) Calcium 276 mg
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Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size   Cup   240mL) Ancount per serving Calories   110  Total Fat 4.5g   6% Saturated Fat 0.5g   3%  Trans Fat Ug Polyunsaturated Fat 1g Cholesterol Omg   0% Sodium 90mg   4% Total Carbohydrate 9g   3% Dietary Fiber 2g   7% Total Sugars 6g Includes 5g Added Sugars   10% Protein 8g   16% Viamin 0 3mg   15%   Calcium 470mg 35% Iron 1.1mg   15%   Calcium 470mg 35%	Dairy Milk your child will receive:  □ Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size □ cup(240mL)  Amount per serving Calories 1000  © Daily Value  Total Fat 3g 4% Saturated Fat 0.5g 3% Trans Fat 0g Polyunsaturated Fat 0.5g Monounsaturated Fat 0.5g Cholesterol 0mg 0% Sodium 85mg 4% Total Carbohydrate 10g 4% Total Sugars 7g Includes 5g Added Sugars 10% Protein 8g ✓ 14%  Vit. D 6meg 30% • Calcium 300mg 25% Iron 1.3mg 8% • Potas. 460mg 10%	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g Vitamin D 2.5 mcg (equal to 100 IU)  Calcium 276 mg Potassium 349 mg Vitamin A 150 mcg (equal to 500 IU)
Silk Soy Milk: Original Plain  Nutrition Facts About 8 servings per container Serving size   cup   240mL   Amount per serving Calories   110  ** Daily Value*  Total Fat 4.5g   6% Saturated Fat 0.5g   3%  Trans Fat 0g   Polyunsaturated Fat 1g Cholesterol 0mg   0% Sodium 90mg   4% Total Carbohydrate 9g   3% Dietary Fiber 2g   7% Total Sugars 6g   Includes 5g Added Sugars   10% Protein 8g   16%  Vitamin 0 3mog   15%   Calcium 470mg   35% Vitamin A 150mog   15%   Robotavin 0.44mg   35% Foldes 50 mog DRE   10%   Witamin 812 25mog   10% Phosphorus 230mg 20%   Magnesium 40mg 10%	Dairy Milk your child will receive:  Bettergoods Soy Milk: Original Plain  Nutrition Facts 8 servings per container Serving size 1 cup (240mL)  Amount per serving Calories 100  Saturated Fat 0.5g 3% Trans Fat 0g Polyunsaturated Fat 1.5g Monounsaturated Fat 0.5g Cholesterol 0mg 0% Sodium 85mg 4% Total Carbohydrate 10g 4% Dietary Fiber 3g 11% Total Sugars 7g Includes 5g Added Sugars 10% Protein 8g 14%  Vit. D 6mcg 30% Calcium 300mg 25% Iron 1.3mg 8% Potas. 460mg 10% Vit. A 150mcg 15% Riboliavin 0.5mg 40% Folate 15mcg 0FE 4% Vit. B12 1.2mcg 50%	Other creditable non-dairy milk:  Name/type:  Attach nutrition label to show milk meets these requirements:  CACFP Milk Substitutes 1 cup MUST have at least: Nutrient Amount Protein 8 g Vitamin D 2.5 mcg (equal to 100 IU)  Calcium 276 mg Potassium 349 mg Vitamin A 150 mcg (equal to 500 IU) Riboflavin 0.44 mg

Parents are allowed to bring ONE meal component for their child for non-disability reasons.

**4.** Parent Signature: Date:

## **Creditable Non-Dairy Milks**

**MUST be on file** at the Day Care Resources office to claim non-dairy milks. OR Physician Statement for Meal Accommodations (from doctor) An approved Non-Dairy Milk Request Form (from parent)

Download forms at www.daycareresources.org or contact the office!

nutrients listed (to the right) to count as a substitute for milk for the USDA CACFP. One cup (8 fluid ounces) of non-dairy milk must have the

1 cup milk N	1 cup milk <b>MUST</b> have:
Nutrient	Amount
Protein	8 g
Vitamin D	2.5 mcg (equal to 100 IU)
Calcium	276 mg
Potassium	349 mg
Vitamin A	150 mcg (equal to 500 IU)
Riboflavin	0.44 mg
Vitamin B-12	1.1 mcg
Phosphorus	222 mg
Magnesium	24 mg

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Pettergoods Sorginal Plain	COSTINAL COST		WESTS V. SECOND OF THE PARTY OF		8 oz.		S OZ.	8 or 32 oz.	1/1	
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Original Plain		SIN	West Life	Pacific	Kikkoman	Ripple	Kikkoman	Ripple	Silk - single	West Life
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	Plain	3	"Calcium &	Soy	SMART	Original, Kids	Chocolate	<b>0</b> 5	Chocolate OR	"Calcium &
			Vitamin D"	Original	Original		OR Vanilla	OR Vanilla	Very Vanilla	Vitamin D"
Soymilk   Soymilk   So	Soymilk C	Oat & Pea	Soymilk	Soymilk	Soymilk	Pea Protein	Soymilk	Pea Protein	Soy Milk	Soy Milk
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						(Some versions do <u>NOT</u> count)	ONLY	ONLY	ONLY	ONLY

**PLEASE DOUBLE CHECK** the nutrition label **EACH** time you buy to make sure it is creditable on the Food Program. Label information may change at any time. Questions? Contact Day Care Resources at info@dcrhome.org OR (309) 925-2274. This institution is an equal opportunity provider.