

PARENT Form for Non-Dairy Milk - (Age 1 Year and Older)

This form is for milk substitutes that **MEET** USDA requirements. If the child needs milk/foods that do **NOT** meet requirements, (like **LOW NUTRIENT MILK SUBSTITUTES**, such as almond, oat, coconut, milks that do **NOT** meet the below requirements, juice, or water), the child's medical provider must provide a medical statement documenting a **disability/impairment**, such as a [Medical Statement for Meal Pattern Accommodations](#).

Provider's Name (or Day Care Center/Facility Name):

Day Care Address:

Child's Name:

Child's Date of Birth:

Date:

Day Care Resources, Inc.

USDA Child and Adult Care Food Program

PO Box 128

Pekin, IL 61555-0128

(309)-925-2274

2/2026

Send completed form to:

info@dcrhome.org

Dear Parent or Guardian:

This day care facility participates in the Child and Adult Care Food Program (CACFP), a nutrition program funded by the U.S. Department of Agriculture (USDA). Facilities have the option to serve a Non-Dairy Milk that has the **same 9 nutrients as dairy milk** (see chart below). Please have the parent/guardian complete the section below to request a creditable milk substitute. When a facility chooses to offer a creditable non-dairy milk, it must be available to all children whose parents request it. These substitutions are at the expense of the facility unless the parent/guardian chooses to bring it. Day care centers must record parent provided milk on a food donation log to count it in their milk audit. Your day care facility must send this form to info@dcrhome.org for approval.

Note: Lactose free cow's milk (ex. Lactaid®) is allowable and does not require any forms.

THE FOLLOWING IS TO BE COMPLETED BY THE PARENT/GUARDIAN.

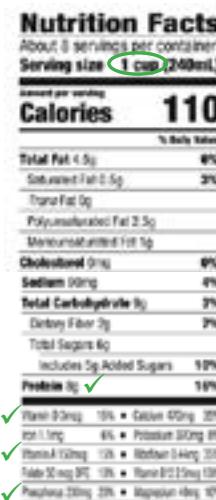
1. Reason for requesting Non-Dairy Milk (required):

(ex. *vegan, religious, cultural, ethical reasons, etc.*)

2. Mark the **creditable** Non-Dairy Milk your child will receive: (NOTE: Milk must be **UNFLAVORED** for children ages 1-5.)

Silk

Soy Milk:
Original Plain



Bettergoods

Soy Milk:
Original Plain



Other creditable non-dairy milk:

Name/type: _____

Attach nutrition label

to show milk meets these requirements:

CACFP Milk Substitutes

1 cup **MUST** have at least:

Nutrient	Amount
Protein	8 g
Vitamin D	2.5 mcg (equal to 100 IU)
Calcium	276 mg
Potassium	349 mg
Vitamin A	150 mcg (equal to 500 IU)
Riboflavin	0.44 mg
Vitamin B-12	1.1 mcg
Phosphorus	222 mg
Magnesium	24 mg

Day Care Resources, Inc. does not endorse any product. Brand names are given as examples of product(s) that meet requirements as of 2/2025.

3. Who will be providing the non-dairy milk? facility/day care provider parent/guardian Parents are allowed to bring ONE meal component for their child for non-disability reasons.

4. Parent Signature: _____ Date: _____

Creditable Non-Dairy Milks

An approved **Non-Dairy Milk Request Form** (from parent)

OR **Physician Statement for Meal Accommodations** (from doctor)

MUST be on file at the Day Care Resources office to claim **non-dairy milks**.

Download forms at www.daycareresources.org or contact the office!

One cup (8 fluid ounces) of non-dairy milk must have the nutrients listed (to the right) to count as a substitute for milk for the USDA CACFP.

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Unflavored		Flavored	
		AGES 6+ ONLY	AGES 6+ ONLY
			
			
			
			
8th Continent Original Plain Soymilk	Silk Original Plain Soymilk	Pacific Ultra Soy Original Soymilk	Kikkoman Pearl SMART Original Soymilk
Bettergoods Original Plain Soymilk	Silk Kids Oat & Pea Protein Milk	West Life Plain "Calcium & Vitamin D" Soymilk	Ripple Pearl SMART Chocolate OR Vanilla Soymilk
8th Continent Original Plain Soymilk			Pea Protein Milk
			Must Send Label! (Some versions do NOT count)
			AGES 6+ ONLY

PLEASE DOUBLE CHECK the nutrition label **EACH** time you buy to make sure it is creditable on the Food Program.

Label information may change at any time.

Questions? Contact Day Care Resources at info@dcrhome.org OR (309) 925-2274. This institution is an equal opportunity provider.