

PARENT Request Form for Non-Dairy Milk - (Age 1 Year and Older)

Child Care Facility Instructions: Fill out the top part of the form. Have the parent/guardian fill out the bottom section to request Non-Dairy Milk. If food substitutions are required, please use a Physician Statement for Meal Accommodations.

Provider's Name (or Day Care Center/Facility Name): _____
 Day Care Home/Facility Address: _____
 Child's Name: _____
 Child's Date of Birth: _____
 Date: _____

Day Care Resources, Inc.
 USDA Child and Adult Care Food Program
 PO Box 1103
 Tremont, IL 61568
 (309)-925-2274

5/2021

Dear Parent or Guardian:

Your day care facility participates in the Child and Adult Care Food Program (CACFP), a nutrition program funded by the U.S. Department of Agriculture (USDA). Facilities have the option to serve a Non-Dairy Milk that has the same 9 nutrients as dairy milk (see chart below). To request an allowable/creditable milk substitute, the child's parent/guardian must complete the section below. Return the completed form to your day care provider/facility. When a facility chooses to honor a parent request, the facility is responsible for buying and serving the Non-Dairy Milk.

Note: Lactose free cow's milk (ex. Lactaid®) is allowable and does not require any forms.

THE FOLLOWING IS TO BE COMPLETED BY THE PARENT/GUARDIAN.

1. Reason for requesting Non-Dairy Milk (required): _____
 (ex. vegan, religious, cultural, or ethical reasons, etc.)
2. Indicate the Non-Dairy Milk you wish your child to receive: **(NOTE: Milk must be UNFLAVORED for children ages 1-5.)**

Silk
 Soy Milk:
 Original Plain

OR

8th Continent
 Soy Milk:
 Original Plain

OR

Other: _____
 Name of Non-Dairy Milk

Attach nutrition label
 to show milk meets the
 requirements below:

Nutrition Facts
 About 24 servings per container
 Serving size (1 cup) (240mL)

Amount per serving
Calories 110

	% Daily Value*
Total Fat 4.5g	6%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2.5g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 115mg	5%
Total Carbohydrate 8g	3%
Dietary Fiber 2g	7%
Total Sugars 5g	
Includes 4g Added Sugars	8%
Protein 8g	16%

Vitamin D 3mcg 15% Calcium 450mg 30%
 Iron 1.3mg 6% Potassium 380mg 8%
 Vitamin A 150mcg 15% Riboflavin 0.44mg 30%
 Vitamin B12 3mcg 120% Phosphorus 228mg 15%
 Magnesium 50mg 10% Zinc 0.8mg 6%



Nutrition Facts
 8 servings per container
 Serving size (1 cup) (240mL)

Amount per serving
Calories 80

	% Daily Value*
Total Fat 2.5g	3%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 95mg	4%
Total Carbohydrate 7g	3%
Dietary Fiber 0g	0%
Total Sugars 7g	
Includes 7g Added Sugars	14%
Protein 8g	16%

Vitamin D 2.5mcg 15%
 Calcium 300mg 25%
 Iron 1.0mg 6%
 Potassium 360mg 8%
 Vitamin A 150mcg 15%
 Riboflavin 0.51mg 40%
 Vitamin B12 1.2mcg 50%
 Phosphorus 250mg 20%
 Magnesium 24mg 6%



CACFP Milk Requirements	
1 cup milk MUST have:	
Nutrient	Amount
Protein	8 g
Vitamin D	2.5 mcg (equal to 100 IU)
Calcium	276 mg
Potassium	349 mg
Vitamin A	150 mcg (equal to 500 IU)
Riboflavin	0.44 mg
Vitamin B-12	1.1 mcg
Phosphorus	222 mg
Magnesium	24 mg

Day Care Resources, Inc. does not endorse any product. Brand names are given as examples of product(s) that meet requirements as of 3/2021.

3. Who will be providing the non-dairy milk? facility/day care provider parent/guardian
 Parents are allowed to bring ONE meal component for their child for non-disability reasons.

4. Parent Signature: _____ Date: _____

Creditable Non-Dairy Milks

An approved **Non-Dairy Milk Request Form** (from parent)

OR **Physician Statement for Meal Accommodations** (from doctor)






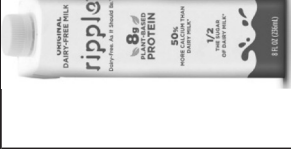




MUST be on file at the Day Care Resources office to claim non-dairy milks.

Download forms at www.daycareresources.org or contact the office!

One cup (8 fluid ounces) of non-dairy milk must have the nutrients listed (to the right) to count as a substitute for milk for the USDA CACFP.

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Unflavored		Flavored	
AGES 6+ ONLY			
			
8th Continent Original Plain	Silk Original Plain	Westsoy Organic PLUS Plain	Pacific Ultra Soy Original
Soymilk	Soymilk	Soymilk	Soymilk
			
8th Continent Vanilla	Ripple On the Go Original	Kikkoman Pearl Smart Original	Kikkoman Pearl Smart Chocolate OR Vanilla
Soymilk	Pea Protein Milk	Soymilk	Soymilk
AGES 6+ ONLY		AGES 6+ ONLY	AGES 6+ ONLY
			
Ripple On the Go Chocolate OR Vanilla			Ripple On the Go Chocolate OR Vanilla
Pea Protein Milk			Pea Protein Milk
AGES 6+ ONLY			AGES 6+ ONLY

PLEASE DOUBLE CHECK the nutrition label **EACH** time you buy to make sure it is creditable on the Food Program.
Label information may change at any time.

Questions? Contact Day Care Resources at info@dcrhome.org OR (309) 925-2274. This institution is an equal opportunity provider.