



6 CONAGRA DRIVE
OMAHA, NE 68102

Product Formulation Statement for Documenting Meats/Meat Alternates (M/MA) in Child Nutrition Programs

Program operators should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative.

Product Name: Gardein Plant Based Chick'n Strips Code No.: 4223400162

Manufacturer: Conagra Brands Serving Size: 6 pieces (90 g)

I. Meats

Fill out the chart below to determine the creditable amount of Meats.

DESCRIPTION OF CREDITABLE MEAT INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT INGREDIENT A	MULTIPLY	FBG YIELD ¹ B	CREDITABLE AMOUNT A x B
		x		
		x		
		x		
C. Total Creditable Meats Amount ⁵				

¹ FBG yield = Additional Information column.

II. Meat Alternates

Fill out the chart below to determine the creditable amount of Meat Alternates.

DESCRIPTION OF CREDITABLE MEAT ALTERNATE INGREDIENT PER FOOD BUYING GUIDE (FBG)	OUNCES PER RAW PORTION OF CREDITABLE MEAT ALTERNATE INGREDIENT D	MULTIPLY	FBG YIELD ² E	DIVIDE	PURCHASE UNIT IN OUNCES F	CREDITABLE AMOUNT ² D x E ÷ F
		x		÷		
		x		÷		
		x		÷		
G. Total Creditable Meat Alternates Amount ⁵						

² FBG yield = Servings per Purchase Unit column.

III. Alternate Protein Products (APP)

Fill out the chart below to determine the creditable amount of APP. Documentation must be provided as described in Attachments A and B for each APP used.

DESCRIPTION OF APP, MANUFACTURER'S NAME, AND CODE NUMBER	OUNCES DRY PER APP PORTION H	MULTIPLY	% OF PROTEIN AS IS ³ I	DIVIDE ⁴	CREDITABLE AMOUNT APP H x I ÷ 18
Soy Protein Isolate	0.39	x	85	÷ 18	1.84
		x		÷ 18	
		x		÷ 18	
J. Total Creditable APP Amount ⁵					1.84
K. TOTAL CREDITABLE AMOUNT (C + G + J rounded down to nearest 0.25 oz) ⁵					1.75

³ Attached documentation provides % of Protein As-Is.

⁴ 18 is the percent of protein when fully hydrated.

⁵ Total Creditable Amount must be rounded **down** to the nearest 0.25 oz (example: 1.49 rounds down to 1.25 oz equivalent meat/meat alternate). If crediting M/MA and APP, round down after adding the Total Creditable Amount for Meats, Meat Alternates, and APP in boxes C, G, and J.

Total weight (per portion) of product as purchased 6 pieces (90 g)

Total creditable amount of product (per portion). (Reminder: total creditable amount (per portion) cannot exceed the total weight (per portion).) 1.75

I certify that the above information is true and correct and that a 3.17 ounce serving of the above product (ready for serving) contains 1.75 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Kasia Burton MS RD
Signature

Kasia Burton MS, RD
Printed Name

Principal Nutritionist, Conagra Brands
Title

08/30/2023
Date

Phone Number

Gardein Plant-Based Chick'n Strips, 10 oz bag
UPC: 8 42234 00162 6

CACFP Credit

4 pieces = 1 oz. eq. meat alternate for ages 1-2 at lunch or dinner

6 pieces = 1.5 oz. eq. meat alternate for ages 3-5 at lunch/dinner

7 pieces = 2 oz. eq. meat alternate for age 6+ at lunch/dinner



No Dairy
Ingredients



ALWAYS
VEGAN



KOSHER

The logo features a green leaf icon above the brand name 'gardein' in white lowercase letters on a black background, which is accented with a green swoosh at the bottom.

gardein.

plant-based
chick'n strips

130 CALORIES

PER SERVING

15g PROTEIN

PER SERVING



gardein®

Nutrition Facts

about 3 servings per container

Serving size 6 pieces (90g)

Amount per serving

Calories 130

% Daily Value*

Total Fat 6g **8%**

Saturated Fat 0.5g **3%**

Trans Fat 0g

Polyunsaturated Fat 1.5g

Monounsaturated Fat 3g

Cholesterol 0mg **0%**

Sodium 370mg **16%**

Total Carbohydrate 4g **1%**

Dietary Fiber 0g **0%**

Total Sugars Less than 1g

Includes 0g Added Sugars **0%**

Protein 15g **22%**

Vitamin D 0mcg 0%

Calcium 30mg 2%

Iron 1.9mg 10%

Potassium 0mg 0%

*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

INGREDIENTS: WATER, SOY PROTEIN ISOLATE, VITAL WHEAT GLUTEN, CANOLA OIL, 2% OR LESS OF: METHYLCELLULOSE, SUNFLOWER OIL, ANCIENT GRAIN FLOUR (KHORASAN WHEAT), SALT, POTATO STARCH, NATURAL FLAVORS, SUGAR, YEAST EXTRACT, TITANIUM DIOXIDE (COLOR), BLACK PEPPER, LACTIC ACID.

CONTAINS: SOY, WHEAT.

DISTRIBUTED BY:
Conagra Brands
P.O. BOX 3534, CHICAGO, IL 60654

Scan here for more food information
or call 1-877-305-6777.



smartlabel®

COOKING INSTRUCTIONS



**7-9
MINS**

STOVETOP:

Add 1 tablespoon vegetable oil along with plant-based chick'n strips to a nonstick skillet. Cook covered over medium-high heat for 7 to 9 minutes, stirring frequently until browned and crisp on all sides. Let rest for 1 minute and serve.

Remember: Let rest for 1 min before serving. Do not overcook - it's not meat!

For Food Safety and Quality

- **Keep frozen.** Do not thaw.
- **Appliances vary.** Adjust cooking times as needed.
- **Food** must be cooked thoroughly to 165°F.

BE INSPIRED. EAT WELL.

Our Plant-Based Chick'n Strips are the beginning of your favorite meals – stir fries, quick wraps, tacos, curries, pastas, pizzas or added to a salad. Imagine the possibilities!



Plant-Based Chick'n Stir Fry

Cook chick'n strips according to instructions above and set aside. In a frying pan, sauté sliced red peppers, snow peas, sliced red onion, and other favorite vegetables for 1 minute, add 2 Tbsp water, cover and steam for 2 minutes. Remove lid and stir in chick'n and your favorite teriyaki sauce, garnish with sesame seeds and serve with rice.



Plant-Based Chick'n and Cauliflower Curry

Dinner winner that's ready in 30 minutes!
Find recipe at www.gardein.com



Plant-Based Tarragon Chick'n Salad

Cook chick'n strips according to instructions above, let cool slightly, then shred into smaller pieces. In large bowl mix 2 Tbsp fresh chopped tarragon, 1/3 cup mayo (or vegan option) and 3 Tbsp yogurt (or vegan option). Stir in 1 cup grapes (halved), chick'n and season with salt and pepper. Serve over fresh baby spinach.



ALWAYS
VEGAN



GET SOCIAL WITH US

Recipes at www.gardein.com



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Questions or comments, visit us at www.gardein.com or call 1-877-305-6777

KEEP FROZEN | BEST BEFORE