



ALL NATURAL ULTIMATE FISH STICK 1oz

BREADED POLLOCK FISH FILLETS CUT INTO STICK SHAPES 1 OZ. Wild Alaska Pollock is the most abundant fish species harvested in the North Pacific. Certified sustainable, Wild Alaska Pollock is an environmentally responsible seafood choice.



Product Last Saved Date: 23 July 2021

Nutrition Facts

15 Servings per container

Serving Size 4 pieces (113 g/4 oz)

Amount Per Serving

Calories 230

% Daily Value*

Total Fat 10 g **13%**

Saturated Fat 1 g **5%**

Trans Fat 0 g

Cholesterol 45 mg **15%**

Sodium 380 mg **17%**

Total Carbohydrates 21 g **8%**

Dietary Fiber 1 g **4%**

Total Sugars 0 g

Includes 0 g Added Sugars **0%**

Protein 15 g

Vitamin D 0 mcg 0%

Calcium 13 mg 2%

Iron 1 mg 6%

Potassium 277 mg 6%

* The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications :

Code	Dist Prod Code	GTIN	Pack Description
418944	418944	10028029189442	6 x 4LB

Brand	Brand Owner	GPC Description
Trident Seafoods	Trident Seafoods Corp.	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
26.5 LBR	24 LBR	United States	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
16 INH	13.625 INH	13.25 INH	1.6716 FTQ	9x6	730 Days	-10 FAH / 0 FAH

Ingredients :

ALASKA POLLOCK, ENRICHED FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE OIL (SOYBEAN AND/OR CANOLA), CORN STARCH, WATER, CONTAINS 2% OR LESS OF: TAPIOCA STARCH, YELLOW CORN FLOUR, WHOLE WHEAT FLOUR, SALT, YELLOW CORN MEAL, WHEAT GLUTEN, SUGAR, YEAST, ONION POWDER, TOMATOES, DEHYDRATED RED AND GREEN BELL PEPPER, GARLIC POWDER, RICE FLOUR, LEAVENING (CREAM OF TARTAR, BAKING SODA), NATURAL FLAVORS, SPICES (INCLUDING BLACK PEPPER). CONTAINS FISH (ALASKA POLLOCK), WHEAT

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - C	Crustacean - N	

Handling Suggestions :

KEEP FROZEN 0°F OR BELOW UNTIL READY TO COOK. DESIGNED TO COOK FROM FROZEN.

Serving Suggestions :

APPETIZERS, MAIN ENTREE WITH YOUR FAVORITE SIDE DISH AND FAVORITE DIPPING SAUCES, TACOS, OR WRAPS.

More Information :

E-mail : SALES@TRIDENTSEAFOODS.COM, Telephone : 1-800-367-6065

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Benefits :

Wild Alaska Pollock in a crispy panko breading - a kid favorite that's too tasty to outgrow. This easy meal is sure to please the entire family. Trident Seafoods The Ultimate Fish Stick® is whole grain, crunchy, breaded, and lightly seasoned. 100% natural. Made from whole skinless, boneless wild Alaska Pollock fillets. No preservatives or artificial ingredients.

Prep & Cooking Suggestions :

CONVENTIONAL OVEN: PREHEAT TO 475° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 11 TO 13 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS.; CONVECTION OVEN: PREHEAT TO 400° F. PLACE FROZEN PRODUCT ON LIGHTLY GREASED BAKING SHEET, COOK FOR 9 TO 11 MINUTES UNTIL CRISP. TURN PRODUCT HALFWAY THROUGH BAKE TIME FOR BEST RESULTS.; MICROWAVE OVEN: COOK 4 FISH STICKS ON HIGH POWER FOR 1 ½ TO 3 MINUTES.; DEEP FRY: HEAT OIL TO 350°F. FRY FROZEN PRODUCT FOR 2 ½ TO 3 MINUTES UNTIL PRODUCT IS GOLDEN BROWN.; OVEN TEMPERATURES AND COOKING TIMES MAY VARY. INTERNAL TEMPERATURE SHOULD BE AT LEAST 160°F.

Trident Seafoods - The Ultimate Fish Stick

GTIN: 0 00 28029 19644 0 / GFS Code #418944

CACFP Credit: (*counts as enriched grain, NOT WG)

2 fish sticks = 1 ounce meat + 0.5 oz eq enriched grain*

3 fish sticks = 1.5 ounces meat + 0.5 oz eq enriched grain*

4 fish sticks = 2 ounces meat + 1 oz eq enriched grain*



TRIDENT SEAFOODS CORPORATION

5303 Shilshole Ave. NW, Seattle, WA 98107-4000
(206) 783-3818 • Fax: (206) 782-7195

Product Name: Ultimate Fish Stick
Brand: Trident Seafoods
Manufacturer: Trident Seafoods Corporation

Code No.: 419644
GTIN: 0 00 28029 19644 0
Serving Size: 4 x 1 oz sticks

I. Meat/Meat Alternate Component

Please fill out the chart below to determine the creditable amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Servings Per Unit	Creditable Amount *
Seafood, Frozen, Fish Portions	2.6	X	0.78	2.028
Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)				2.00

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG yield Information

II. Alternate Protein Product (APP)

APP is not creditable for this product.

III. Grains/Breads Component

Please fill out the chart below to determine the creditable servings of Grains/Breads

Creditable Grain Ingredient *	Grams of Ingredient per Serving ¹	Divide	FBG Yield	Creditable Amount
Whole Wheat Flour	1.34	÷	16	0.08
Enriched Wheat Flour	15.72	÷	16	0.98
Totals	17.06	÷	16	1.07
Total Creditable Amount (rounded down to the nearest quarter (0.25) serving)				0

* Creditable grains are whole-grain meal/flour and enriched meal/flour.

¹ (Serving Size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

Non-Creditable Grain Ingredient	Grams of Ingredient per Serving	Divide	Portion Size In Grams	% of Total Non-Creditable Grain per Portion ²
Yellow Corn Flour	1.72	÷	113	2.27%
Yellow Corn Meal	0.52			
Wheat Gluten	0.33			
Totals	2.57	÷	113	2.27%

² Non-Creditable Grains must be below 2% of the total formula for the product's grain component to be creditable in school meal programs.

This product contains grains that are not creditable in school meal programs. Additional grains must be served to meet meal pattern requirements.

Total weight (per portion) of product as purchased 4 x 1 oz sticks

Total creditable amount of product (per portion) 2.00 servings of equivalent meat and 0.00 servings of equivalent grains

**I certify that the above information is true and correct and that each 4.0 ounce serving of the above product contains 2.6 ounces of Alaska Pollock and contributes 2.00 servings of equivalent meat for Child Nutrition Programs. Each 4.0 oz. serving contains 17.06 grams of whole grains and enriched flour and contributes 0.00 servings of equivalent grains for Child Nutrition Programs.

Signature

Daria Grasimova

Printed Name

FSQA Director, Regulatory Product Compliance

Title

7/7/2021

Date

206-297-4619

Phone Number

Search

0

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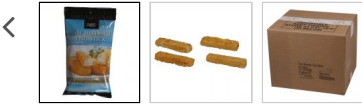
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FOOD SERVICE **STORE**



Trident Seafoods

The Ultimate Fish Stick

Pollock Sticks, Ultimate, Breaded, Marine Stewardship Council, Raw, Frozen, 4 Lb Bag

ITEM CODE: 418944

LOCATION: Lg. Freezer Windows

Buy Online, Pick Up Today

Same day pick up: Pick up this item for free at your selected location up to 3 hours prior to store closing.

\$18.99

Bag

Add to Cart

4 in stock at **Bradley**

Similar products to: *pollock sticks ultimate*




Gorton's

Breaded Fish Sticks

Alaskan Pollock, Breaded Fish Sticks, Golden Crispy Panko, 100% Whole Fillets, 19 Oz Each

\$5.99
Each



High Liner Foodservice

Crunchy Fish Sticks

Pollock Sticks, Crunchy Breaded, Oven-Ready, Minced, 0.7 Ounce, Raw, IQF, 3 Lb Bag

\$9.49
Bag