Alpen

Muesli – No Sugar Added



UPC: 687121493005 14 oz UPC: 0005571202572

6 g total sugars in 60 g cereal meets sugar limits.

Nutrition Facts		
	up (60g)	
Calories	<u> 210</u>	
%	Daily Value*	
Total Fat 3.5g	4%	
Saturated Fat 0.5g	3%	
Trans Fat 0g		
Polyunsaturated Fat 1	g	
Monounsaturated Fat	1.5g	
Cholesterol Omg	0%	
Sodium 20mg	1%	
Total Carbohydrate 43g	16%	
Dietary Fiber 7g	25%	
Soluble Fiber 3g		
Insoluble Fiber 4g		
Total Sugars 6g		
Incl. 0g Added Sugar	s 0%	

Both grain ingredients are whole grain.

Ingredients: Whole Grain Oats, Whole Grain Wheat, Raisins (coated with expeller pressed sunflower oil), Almonds, Hazelnuts.

Alpen

Muesli – Original



UPC: 721865211430 721865043796

14 oz UPC: 0005571202571

9 g total sugars in 60 g dry cereal meets sugar limits.

Nutrition Facts	
Serving size 2/3 cu	up (60g)
Amount per serving Calories	<u> 210</u>
%	Daily Value*
Total Fat 3g	4%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1	.5g
Cholesterol Omg	0%
Sodium 15mg	1%
Total Carbohydrate 44g	16%
Dietary Fiber 6g	21%
Soluble Fiber 2g	
Insoluble Fiber 4g	
Total Sugars 9g	
Incl. 4g Added Sugars	8%

Both grain ingredients are whole grain.

Ingredients: Whole Grain Oats, Whole Grain Wheat, Raisins (coated with expeller pressed sunflower oil), Brown Cane Sugar, Almonds, Hazelnuts.