

Full Circle Raisin Bran



Serving Size	1-1/4 cup (60g)
Amount Per Serving	
Calories	200
	% Daily Value
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 140mg	6%
Total Carbohydrates 48g	18%
Dietary Fiber 8g	28%
Soluble Fiber 1g	
Insoluble Fiber 6g	
Total Sugars 15g	
Includes 7g Added Sugars	15%

60 grams of cereal can have up to 13 grams added sugar (meets 10/1/25 sugar limits).

The first ingredient is whole grain, the second grain ingredient is bran, and 60 grams cereal contains 37 grams whole grains per package label (or 17 grams in 28 g cereal)

Organic Whole Grain Wheat

Organic Raisins

Organic Cane Sugar

Organic Wheat Bran

Sea Salt

Organic Barley Malt Extract

Organic Sunflower Oil