Great Value Raisin Bran



Serving size 1	cup (59g)
Amount per serving Calories	190
	% Daily Value*
Total Fat 1g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 200mg	9%
Total Carbohydrate 46g	17%
Dietary Fiber 7g	26%
Total Sugars 17g	
Includes 7g Added Suga	ars 13%

59 grams cereal can have up to 13 grams added sugar (meets 10/1/25 sugar limits).

The first ingredient is whole grain and the cereal is fortified.

INGREDIENTS: WHOLE GRAIN WHEAT, RAISINS, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, SALT, MALTED BARLEY SYRUP, POTASSIUM CHLORIDE. VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE, ZINC OXIDE, PYRIDOXINE HYDROCHLORIDE (VITAMIN B_6), VITAMIN A PALMITATE, RIBOFLAVIN (VITAMIN B_2), THIAMINE MONONITRATE (VITAMIN B_1), FOLIC ACID, VITAMIN D, VITAMIN B_{12} . This cereal is fortified. CONTAINS WHEAT.