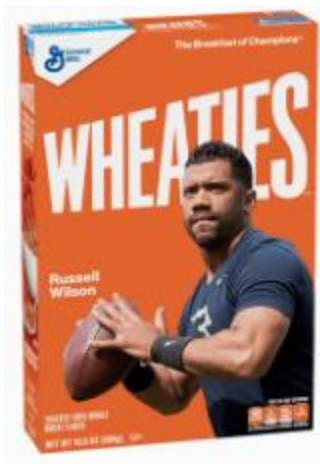


General Mills

Wheaties



10.9 oz.



15.6 oz **UPC: 016000275652**

5 g total sugars in 36 g dry cereal meets sugar limits.

1st ingredient is whole grain AND the cereal is fortified.

Serving Size: 1 cup (36g)

Amount Per Serving	Wheaties
Calories	130
	% DV**
Total Fat 0.5g	1%
Saturated Fat 0g	
Trans Fat 0g	
Polyunsaturated Fat 0g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 240mg	10%
Total Carbohydrate 30g	11%
Dietary Fiber 4g	14%
Total Sugars 5g	
Incl. Added Sugars 5g	10%

Ingredients

Whole Grain Wheat, Sugar, Honey, Salt.
Vitamin E (mixed tocopherols) Added to
Preserve Freshness.

Fortified

Vitamins and Minerals: Iron and Zinc (*mineral nutrients*), **Vitamin C** (*sodium ascorbate*), **A B Vitamin** (*niacinamide*), **Vitamin B₆** (*pyridoxine hydrochloride*), **Vitamin B₂** (*riboflavin*), **Vitamin B₁** (*thiamin mononitrate*), **Vitamin A** (*palmitate*), **A B Vitamin** (*folic acid*), **Vitamin B₁₂**, **Vitamin D₃**.