

Market Pantry

Frosted Shredded Wheat



Net weight: 18 Ounces

TCIN: 15813072

UPC: 085239901151

12 g total sugars in 60 g dry cereal meets sugar limits.

Serving size 21 biscuits (60g)	
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 50g	18%
Dietary Fiber 6g	21%
Soluble Fiber 1g	
Insoluble Fiber 5g	
Total Sugars 12g	
Includes 12g Added Sugars	24%

The first and only grain ingredient is whole grain.

INGREDIENTS: WHOLE GRAIN WHEAT, SUGAR, GELATIN. FRESHNESS PRESERVED WITH VITAMIN E (MIXED TOCOPHEROLS).