

Millville Balance Multigrain Cereal, Original

Nutrition Facts	
About 9 servings per container	
Serving Size	1 Cup (42g)
Amount per serving	
Calories	160
% Daily Value*	
Total Fat 2g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0.5g	
Cholesterol 0mg	0%
Sodium 230mg	10%
Total Carbohydrate 33g	12%
Dietary Fiber 3g	10%
Total Sugars 8g	
Includes 8g Added Sugars	16%
Protein 4g	



INGREDIENTS: WHOLE GRAIN OATS, SUGAR, CORN FLOUR, WHOLE GRAIN WHEAT, RICE FLOUR, SALT, CALCIUM CARBONATE, TRISODIUM PHOSPHATE, COLOR ADDED (PAPRIKA, OLEORESIN AND TURMERIC (OLEORESIN), FRESHNESS PRESERVED WITH VITAMIN E (MIXED TOCOPHEROLS).
VITAMINS AND MINERALS: REDUCED IRON, NIACINAMIDE (VITAMIN B3), ZINC OXIDE, THIAMIN MONONITRATE (VITAMIN B1), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), FOLIC ACID.
CONTAINS: WHEAT.

Cereal has 8 grams added sugars in 42 g cereal. Meets sugar limits.

The first ingredient is whole grain and the cereal is fortified.