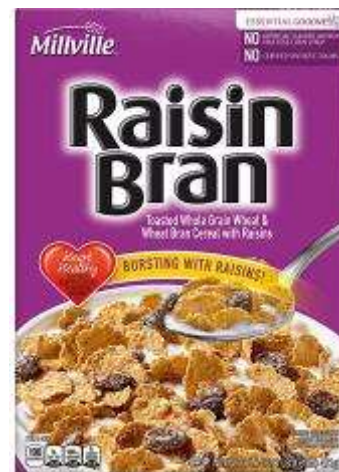


Millville Raisin Bran

Nutrition Facts			
6 servings per container			
Serving size		1 cup (59g)	
Calories	As packaged	As prepared	
	190	230	
	% DV*	% DV*	
Total Fat	7g	2%	2%
Saturated Fat	0g	0%	0%
Trans Fat	0g		
Polysat. Fat	0.3g	0.3g	
Monosat. Fat	0g	0g	
Cholesterol	0mg	0%	0%
Sodium	100mg	8%	11%
Total Carb.	48g	17%	19%
Dietary Fiber	7g	26%	26%
Total Sugars	18g		
Inc. Added Sugar	8g	16%	16%
Protein	5g	9g	
Vitamin D	1mcg	6%	10%
Calcium	60mg	4%	10%
Iron	4.5mg	25%	25%
Potassium	440mg	10%	10%
Vitamin A	100mcg RAE	15%	25%
Thiamin	0.4mg	30%	30%
Riboflavin	0.4mg	35%	30%
Niacin	9mg	30%	30%
Vitamin B6	0.5mg	30%	30%
Folate	170mcg DFE	40%	40%
100 mcg folic acid			
Vitamin B12	1.5mcg	60%	60%
Phosphorus	200mg	15%	20%
Magnesium	40mg	10%	10%
Zinc	1.5mg	15%	20%

INGREDIENTS: WHOLE GRAIN WHEAT, RAISINS, WHEAT BRAN, SUGAR, BROWN SUGAR SYRUP, CONTAINS 2% OR LESS OF EACH OF THE FOLLOWING: SALT, BARLEY MALT EXTRACT, POTASSIUM CHLORIDE, IRON (FERRIC ORTHOPHOSPHATE), VITAMIN A (PALMITATE), NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN D (CHOLECALCIFEROL), VITAMIN B1 (THIAMINE MONONITRATE), VITAMIN B12 (CYANOCOBALAMIN), VITAMIN B2 (RIBOFLAVIN), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), FOLIC ACID.

CONTAINS: WHEAT.



59 g of cereal has 8 g added sugar. Meets sugar limits.

The first ingredient is whole grain and the cereal is fortified.