

Mom's Best Cereals

Blueberry Wheatfuls Cereal



15.5 oz.

UPC : 883978145979

22 oz.

UPC : 883978072503

12 g total sugars in 60 g dry cereal meets sugar limits.

Serving size 21 biscuits (60g)

Amount per serving

Calories

210

% Daily Value*

Total Fat 1g	2%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 49g	18%
Dietary Fiber 6g	23%
Soluble Fiber 1g	
Insoluble Fiber 5g	
Total Sugars 12g	
Includes 11g Added Sugars	23%

The first and only grain ingredient is whole grain.

INGREDIENTS

WHOLE GRAIN WHEAT, SUGAR, DRIED BLUEBERRIES, GELATIN, VEGETABLE JUICE (COLOR), NATURAL FLAVOR. FRESHNESS PRESERVED WITH VITAMIN E (MIXED TOCOPHEROLS).

Mom's Best Cereals

Sweetened Wheatfuls Cereal



16.5 oz. **UPC : 883978095984** 24 oz UPC: 0088397807975

12 g total sugars in 60 g dry cereal meets sugar limits.

Serving size 21 biscuits (60g)	
Amount per serving	
Calories	210
% Daily Value*	
Total Fat 1g	1%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 5mg	0%
Total Carbohydrate 50g	18%
Dietary Fiber 6g	22%
Soluble Fiber 1g	
Insoluble Fiber 5g	
Total Sugars 12g	
Includes 12g Added Sugars	24%

The first and only grain ingredient is whole grain.

Ingredients: Whole Grain Wheat, Sugar, Gelatin. Freshness preserved with Vitamin E (mixed tocopherols).

Mom’s Best Cereals

Toasted Wheatfuls



16.5 oz UPC: 0088397809603 24 oz. **UPC : 042400061038**

0 g total sugars in 60 g dry cereal meets sugar limits.

Serving size 22 biscuits (60g)	
Amount per serving	
Calories	200
% Daily Value*	
Total Fat 1.5g	2%
Saturated Fat 0g	0%
Trans Fat 0g	
Polyunsaturated Fat 0.5g	
Monounsaturated Fat 0g	
Cholesterol 0mg	0%
Sodium 10mg	0%
Total Carbohydrate 48g	17%
Dietary Fiber 8g	29%
Soluble Fiber 2g	
Insoluble Fiber 6g	
Total Sugars 0g	
Includes 0g Added Sugars	0%

The first and only grain ingredient is whole grain.

INGREDIENTS
WHOLE GRAIN WHEAT, FRESHNESS
PRESERVED WITH VITAMIN E (MIXED
TOCOPHEROLS).