

Nature's Path

Crispy Rice - GF



10 oz UPC Code: 058449550006

3 g total sugar in 40 g dry cereal meets sugar limits.

Serving size	1 cup cereal (40g)			
	Per 1 cup cereal		Per 1 cup cereal with 1/2 cup skim milk	
Calories	150		190	
	% DV*		% DV*	
Total Fat	2g	3%	2g	3%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	210mg	9%	260mg	11%
Total Carb.	32g	12%	38g	14%
Dietary Fiber	3g	10%	3g	10%
Total Sugars	3g		9g	
Incl. Added Sugars	3g	6%	3g	6%

The first and only grain ingredient is whole grain.

INGREDIENTS:

Brown rice flour*, cane sugar*, sea salt, molasses*. ***Organic.**