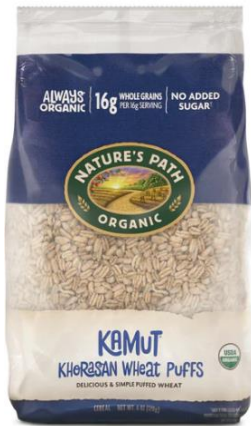


Nature's Path

Kamut Khorasan Wheat Puffs



1 g total sugars in 16 g dry cereal meets sugar limits.

Serving size	1 cup cereal (16g)			
	Per 1 cup cereal		Per 1 cup cereal with 1/2 cup skim milk	
Calories	50		90	
	% DV*		% DV*	
Total Fat	0g	0%	0g	0%
Saturated Fat	0g	0%	0g	0%
Trans Fat	0g		0g	
Cholesterol	0mg	0%	0mg	0%
Sodium	0mg	0%	50mg	2%
Total Carb.	12g	4%	18g	7%
Dietary Fiber	2g	5%	2g	5%
Total Sugars	1g		7g	
Incl. Added Sugars	0g	0%	0g	0%

The first and only grain ingredient is whole grain.

INGREDIENTS:

Whole grain KAMUT®
khorasan wheat*. *Organic.
Contains wheat.